



JOINT MEETING
FOUNDERS X LAXMI SUNRISE X SAIM X SINAMANGAL ICA
Club No. 7246483, 3728191, 7497379, 7815083
Area C2, Division C, District 4I
Meeting Number: 244, 284, 248, 1
Sep 16, 2026
Theme: SYNERGY

Presidents

Nabil Raj Shrestha
Monica Kunwar
Nitendra Bajracharya
Jenny Manandhar

VPs -Education

Bibek Jaiswal
Kabita Acharya
Ravindra Yadav

VPs-Membership

Sajina Bhattarai
Sanjaya Shrestha
Ranindra Dev Mahato

VPs-Public Relations

Ojaswi Joshi
Ashutosh Poudel
Shishir Khanal

Secretaries

Prayash Thapa
Manisha Paneru
Shruti Chaudhary

Treasurers

Bishal Shrestha
Sankarshan Gautam
Manish Shrestha

Sergeant at Arms

Osin Chaudhary
Sameer Rajbhandari
James Shrestha

Immediate Past President

Krishma Shrestha
Mamata Joshi Gorkhalee
Shruti Chaudhary

Club Mission

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

18:00 SAA calls meeting to order

Sameer Rajbhandari

18:02 Presiding Officer's Welcome

Monica Kunwar, IP2

18:07 Presiding Officer introduces the Toastmaster Of The Evening
Toastmaster Of The Evening

Sankarshan Gautam

18:10 TMOE calls on meeting roles
General Evaluator
Grammarian

Apekshya Pradhan, MS2
Krishma Shrestha, SL4

Word of the Day: Cohesion

Meaning: The act, condition, or force of sticking together to form a united whole.

Usage: The team showed great cohesion during the game and won the championship.

Ah- Counter
Timer

Nabil Raj Shrestha, EC3
Shruti Chaudhary, VC1

18:17 TMOE introduces Featured Speaker

(Speaker present speech from the Toastmasters International Pathways program)

Speakers	Project	Purpose of Project	Speech Title	Time
Ashutosh Poudel	L3 P1 (Elective)	Connect with Storytelling	Fighting an Enemy That Didn't Exist	5-7 minutes

18:26 TMOE Calls the Evaluator for the Evaluation Session

Evaluator	Speaker	Time
Shaurab Lohani, DTM	Ashutosh Poudel	45 minutes

19:11 Toastmaster calls the General Evaluator

Evaluations by the Grammarian, Ah-Counter and Timer (2 minutes each)
General Evaluator provides meeting evaluations

19:22 Presentation of Awards by Area Director and Toastmaster of the Evening

19:25 Closing Remarks by the Presiding Officer

Jenny Manandhar, IP1

19:30 Meeting Adjourned